

Emma's Story

I would like to tell my story and wonder if anyone else has had a similar experience.

My youngest daughter was born on 8 March 2006. My waters broke on 6 March. I had no onset of labour so I was told I needed a c section. I didn't want to have a c-section but the doctor told me if I didn't have it my baby would be very sick.

So I said ok. They took me up to theatre and I was given a spinal anaesthetic. The surgeon was nipping me and asking me if I could feel any thing. Which I could, so I kept answering yes. The anesthetist then said to the surgeon, "you need to wait for another ten minutes." The surgeon's answer to this was to begin the operation.

I began to scream and was given gas and air to calm me down. Needless to say it didn't work! One of the theatre nurses turned to me and said, "You know you can't really feel it. It's all in your head." The anesthetist told her that I could feel it because the surgeon didn't do what he was told.

Surgery continued and my daughter was born. I was unable to breastfeed her as I had done with my other 3 daughters. I still have not properly bonded with my daughter. I have been diagnosed as having Post Traumatic Stress Disorder and find it very hard to cope with all that has happened to me. I find it very hard to trust anyone in authority especially doctors. I have lodged a complaint with the trust that runs the hospital where I had my daughter.

I have nightmares and find it hard to sleep.

Has anyone else had such an experience? I have looked in other sites and have yet to find anyone who has gone through what I have.

This was my second c-section. My eldest was born by c-section then I had 2 normal deliveries and then a c-section.

I'm afraid to even have sex with my husband in case I get pregnant again as I really do not want to put myself at the mercy of another doctor.

Thanks for reading my story,

Emma